



The Kinesiology Connection

594 Marrett Road #20

Lexington, MA 02421

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Brain Gym®: A Learning Readiness Program

- Learn 26 exercises which stimulate the brain and body to peak performance
- Change stress in learning to enjoyment and creativity.
- Empower yourself and your students to meet any new learning challenge with confidence.

Brain Gym® is an educational program which uses simple movements to enhance learning abilities in children and adults. This program was developed by Paul Dennison, Ph.D., an expert in child motor development. It is based upon 80 years of research by educational professionals, developmental optometrists, and other developmental specialists. Brain Gym® consists of simple movements that children naturally do to accomplish important developmental steps for coordination of eyes, ears, hands, and the whole body. The Brain Gym® movements have been shown over years of clinical experience, in field studies, and in published research reports, to prepare children with the physical skills they need to learn to read, write, and otherwise function effectively in the classroom. The ability to learn easily is especially important for children in their first years of school, when they are laying the foundation for their future schooling and adult life work.

This course is recommended for educators, parents and all those wishing to increase their learning potential. It provides essential information to those who wish to effectively assist students with labeled behavioral or learning difficulties.

Brain Gym® Introduction

Tuesday, March 16, 2010 • 7-9pm • \$25 Please RSVP

Brain Gym® 101 • March 27-28 and April 17, 2010 • 8:30am-6pm

Fee: \$440. Payments may be made by check or credit card.

Early Registration Fee: \$400 with registration by February 13. **Repeat fee:** \$200.

Student fee: \$300.

A nonrefundable \$100 deposit is required with registration.

We accept VISA and Mastercard

Call for more information about graduate credit and PDP's.

•**Bonnie Hershey, M.Ed.**, is a Brain Gym® and Touch for Health instructor, International Faculty Member and Board Chair of Brain Gym® International, and the director of *The Kinesiology Connection* in Lexington, MA. She taught physical education at the junior high and middle school levels in Newton, MA for 25 years before retiring in 1997 to devote more time to The Kinesiology Connection. In addition to teaching Touch for Health, Brain Gym® 101, Business in Balance and the Brain Gym® Teacher Practicum, Bonnie has presented inspiring and energetic Brain Gym® introductions throughout New England.

Brain Gym® Registration: For information call: 781-674-0044 • fax: 781-674-3156 or email: kinesconn@aol.com

Send registration form and fee to: **The Kinesiology Connection** • 594 Marrett Road #20 • Lexington, MA 02421

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Please make checks payable to **The Kinesiology Connection**.

Payment method: Check _____ MC/VISA _____ Amount Enclosed _____

NAME: _____ PHONE (h) _____

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Signature _____ Card # _____ Exp. Date _____